



7:30-9:00 – Before Care: limited free choice and table activities

9:00 – Breakfast

9:15 – 1st Circle Time: Concept Learning

- Group Discussion
- Book
- Question of the Day
- Calendar

(During 1st circle, Share Bear on Mondays and Show & Tell on Fridays)

9:30 – Small Group Activity

9:45 - Free Choice: Explore all centers of the classroom

10:45 – 2nd Circle Time: Academic Learning/Extra Curricular

- Monday – Letter & color of the week
- Tuesday – Number & shape of the week
- Wednesday – Yoga
- Thursday – PE activity or game
- Friday – Cooking

11:00 – Outside

12:00 – Lunch: Children bring their own lunch

12:30 – Indoor or Outdoor physical movement

1:00-3:00 – Rest Time (children not sleeping get a quiet activity on their cots)

3:00 – Snack

3:15 – 3rd Circle Time: Helper of the day picks a song and story

3:30-5:30 – After Care: limited free choice and outside time